



dubuque **montessori** school

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September Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 milk bubble pizza green beans mixed fruit	2 milk spaghetti lettuce salad peaches	3 milk french toast sticks yogurt carrots pears
6 milk hot dogs baked beans apple sauce wheat thins	7 milk goulash cornbread carrots peaches	8 milk sloppy joes lettuce salad oranges	9 milk pancakes scrambled eggs bananas pineapple	10 milk tacos corn mixed fruit
13 milk chicken alfredo corn bananas	14 milk chicken nuggets mixed veggies pears wheat thins	15 milk scrambled eggs hash browns muffins cantaloupe	16 milk pb & j sandwich string cheese green beans mixed fruit	17 milk ravioli garlic bread peas yogurt
20 milk french toast sticks scrambled eggs celery sticks & peanut butter applesauce	21 milk ham macaroni & cheese carrots bananas	22 milk meatballs buttered noodles mixed veggies peaches	23 milk bubble pizza green beans mixed fruit	24 milk grilled cheese carrots w/ ranch yogurt pears
27 milk chicken & noodles carrots bananas	28 milk spaghetti garlic bread lettuce salad pears	29 milk scrambled eggs muffins green beans applesauce	30 milk fish sticks sliced potatoes mixed fruit wheat bread & butter	